

NEW PARENT SUPPORT HOME VISITATION PROGRAM (NPSP-HV)

- **BLUF:** NPSP contributes to mission readiness, supports Family member adaptation to military life, enhances the knowledge and skills Family members need to form healthy relationships and provide safe, nurturing environments for children, and fosters a supportive community for young military Families.
- NPSP-HV is an intensive home visitation program within the Family Advocacy Program designed to prevent child maltreatment and/or Family violence.
- Maintaining a stable home-front environment for children when a parent is deployed is a key determinant of a child's adjustment.
- Research suggests that home visiting services have distinct advantages over other types of Family support programs, particularly for at-risk Families, and can produce a wide variety of benefits from reducing child maltreatment to enhancing positive parent-child interactions.
- NPSP-HV program is funded by a special appropriation from Congress.
- The NPSP-HV- model targets first time expectant parents and Families with children ages zero to three. Is designed to improve parenting and coping skills and to enhance personal management skills that will reduce neglect, abuse, and fatalities.
- Intensive home visitation services, role modeling, parent education, information and referral, and supportive services to assist those Families who may be at greater risk for child maltreatment.
- Early interventions with at-risk Families have been shown to prevent later problems, foster healthy child development and in some cases to support the development of parenting skills, and focus on building competence as well as reducing risk.

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- Entry may be through self-referrals, referrals from health care professionals, FAP referrals, command, or through clinical assessment by a health care provider (nurse or social worker).
- Each NPSP site has a team consisting of licensed social workers and nurses who supplement existing programs. NPSP Home Visitors must be Licensed Clinical Social Workers, Licensed, Bachelors Level Registered Nurses, or Licensed Marriage and Family Therapists.

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Q: What services are available to first time expectant parents and Families with children ages zero to three who may need additional assistance with parenting?

A: The ACS Center FAP NPSP offers numerous programs and services to assist parents such as parent education classes and play groups. NPSP-HV is an intensive home visitation program within the Family Advocacy Program to prevent child maltreatment and/or Family violence.

Q: How can a Family find out information and access these services??

A: Families can contact the FAP Manager or the ACS Center on the installation. Entry may be through self-referrals or other professional referrals.

Q: Where are these services located?

A: Home visitation programs are located at 7 OCONUS and 33 CONUS locations. They are housed within the ACS Center and supervised by the FAP Manager. An additional 125 NPSP home visitors were added as a result of Army Covenant funding.

Q: Can Families with children older than 4 years old participate in this program?

A: No. The NPSP-home-visitation targets parents with children ages zero to three, however in instances where there are children residing in the home with someone within the targeted age group, they too will benefit from the services.

Q: Why does the NPSP focus on parents of children birth to 36 months?

A: Children from birth to 36 months are at the greatest risk for injury and death.

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Q: Who is eligible to receive NPSP-HV services?

A: Active duty Soldiers and their Families are eligible to receive home visitation services, whether they live on or off the installation. NPSP is a voluntary visitation program for new parents and parents with children to 3 years old. Expecting parents are eligible to also receive services.

Q: Does the Army have specific support services for fathers?

A: Parent Education services are offered through the ACS FAP, and fathers are invited and encouraged to attend. NPSP-HV users are strongly encouraged to have fathers participate in the all programs and services.